



# BRAVE NEW BOYS™

**BRAVE NEW BOYS™** is one-on-one teaching and coaching, integrating learning and social/emotional development exclusively for boys. Brave New Boys™ explores and supports mental, physical, social, and emotional growth and development for boys - with an emphasis on the following:

- **SENSE OF SELF AND IDENTITY • MOTIVATION AND GOAL SETTING**
- **STRESS AND ANXIETY • SELF-ESTEEM AND SELF-CONFIDENCE**
- **PERSONAL BEST AND LIFE BALANCE • EMOTIONAL LITERACY**
- **SOCIAL SKILLS • COMMUNICATION SKILLS**
- **EXECUTIVE FUNCTIONING SKILLS • LIFE SKILLS**

**BRAVE NEW BOYS™** is committed to addressing the growing concerns that guys are unmotivated, lazy, addicted to video games, inactive, underperforming in academics, and unconcerned about their future.

**BRAVE NEW BOYS™** is devoted to exploring the reasons why boys are failing and often disengaged as they are faced with increasing environmental toxins, medication, technology, and school pressures – and to provide the tools and strategies to help boys achieve their full potential!

## SESSIONS ARE NOW AVAILABLE AND INCLUDE:

- Consultation
- Customized program
- A package of consecutive sessions

## FOR INQUIRIES AND BOOKINGS:

Email: [info@BoldNewGirls.com](mailto:info@BoldNewGirls.com)

Follow: [@BraveNewBoys](https://www.instagram.com/BraveNewBoys)



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